

MONDAY



Cooking

12:00 - 2:00pm & 3:00 - 5:00pm

Starting Monday 19th July

Have fun learning basic cooking skills, a variety of easy to cook at home recipes and getting to know each other.

TUESDAY



Cooking

12:00 - 2:00pm

Starting Tuesday 20th July

Have fun learning basic cooking skills, a variety of easy to cook at home recipes and getting to know each other.

WEDNESDAY



RYSS Abilities Group Programs are 8 week social engagement and living skills based programs open to young people aged 12 and over who are eligible for NDIS funding in a range of core and capacity building areas.

THURSDAY



Use the QR Code to Enrol Now!

For more information visit ryss.com.au/abilities-programs or speak with our Abilities Program Worker by calling 4323 2374

FRIDAY



Work Readiness

10:00am - 12:00pm

Starting Friday 23rd July

Work Readiness is a weekly program to help young people develop skills to get ready for the workforce.



Abilities X Fit & Fun

5:00 - 7:00pm

Starting Monday 19th July

Have fun getting fit participating and learning new skills with sporting, recreation and leisure activities.



Milkshakes & Masterpieces

3.30pm - 5.30pm

Starting Tuesday 20th July

Get creative on canvases and in the kitchen making crazy shakes for afternoon tea and carry the inspiration through to painting colourful designs.



Photography

3:30 - 5:30pm

Starting Wednesday 21st July

An introduction to digital photography. Have fun getting out and about in the community photographing different subjects, while getting hands-on experience.



Get Creative Drawing

3:30 - 5:30pm

Starting Thursday 22nd July

Come together to draw and learn new techniques and skills with a professional illustrator facilitator



Positive Parenting

1:00 - 3:00pm

Starting Friday 23rd July

Positive Parenting is a social group for young parents to come together to meet other parents in a supportive environment to learn about children's needs and development.



Q Abilities

5:45 - 7:45pm

Starting Monday 19th July

A social group for Sexuality and Gender Diverse young people that embraces diversity and gives like-minded young people the ability to meet new friends whilst in a supportive environment.

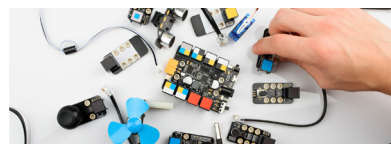


Game On

5:45 - 7:45pm

Starting Tuesday 20th July

Game On is designed to establish an inclusive gaming community where participants can develop social and supportive connections.



Robotics @ RYSS

5:00 - 7:00pm

Starting Wednesday 21st July

Design and create robots using engineering software in this S.T.E.M based program.



Game On 2.0

5:45 - 7:45pm

Starting Thursday 22nd July

Game On is designed to establish an inclusive gaming community where participants can develop social and supportive connections.



Friday Night Social Club

5:00 - 7:00pm

Starting Friday 23rd July

This is a safe place for 12-18 year olds to come together for a fun night out allowing the opportunity to meet and make new friends in a supportive environment.